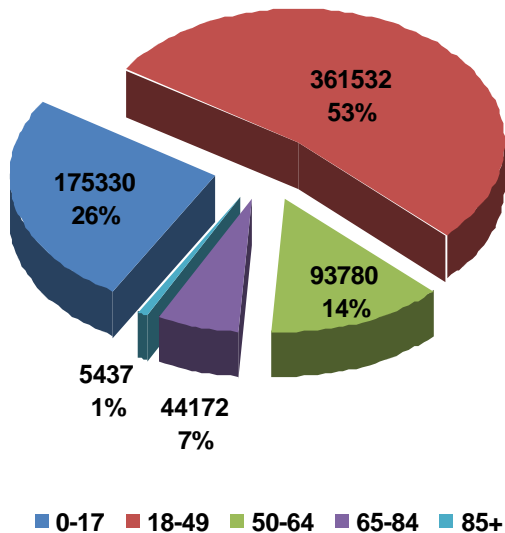


# Wake County's Roadmap<sup>1</sup> AAA Region J

In 2006 adults ≥ 65 made up 7% of the county's population<sup>2</sup>

## Age Distribution



- By 2030 the population 65 and older will increase 259% to 208,297. This group will make up 14% of the total county's population. This is one of the largest projected increases.
- Compared to the state, older adults are better educated, fewer live in rural areas, there are more baby boomers, less disability, and similar racial distribution.
- The median income for all age groups is at least 10,000 higher than the state.
- The YMCA and Cary Senior Center offer financial assistance and free programs.

## Healthy Aging<sup>3</sup>

|   |                  | COUNTY          | STATE           |
|---|------------------|-----------------|-----------------|
| <b>Top Five Hospital Discharge Diagnoses</b>                          | Total Discharges | % of Discharges | % of Discharges |
| 1. Heart failure, heart attack, vascular disease, high blood pressure | 4,572            | 27              | 28              |
| 2. Malnutrition, ulcers, bowel (general disease of digestive system)  | 1,891            | 11              | 10              |
| 3. Pneumonia, influenza, chronic obstructive pulmonary disease        | 1,839            | 11              | 13              |
| 4. Falls, adverse drug reactions, other injuries                      | 1,604            | 9               | 8               |
| 5. Arthritis, osteoporosis, fracture                                  | 1,260            | 7               | 7               |
| <b>Top Five Outpatient Diagnoses</b>                                  | Total Visits     | % of Visits     | % of Visits     |
| 1. Heart failure, heart attack, vascular disease, high blood pressure | 70,852           | 20              | 20              |
| 2. Arthritis, osteoporosis, fracture                                  | 41,635           | 11              | 12              |
| 3. Symptoms, signs, ill-defined conditions                            | 39,234           | 11              | 11              |
| 4. Diabetes and other metabolic disorders                             | 32,558           | 9               | 10              |
| 5. Diseases of central and peripheral nervous system, eyes and ears   | 29,749           | 8               | 7               |