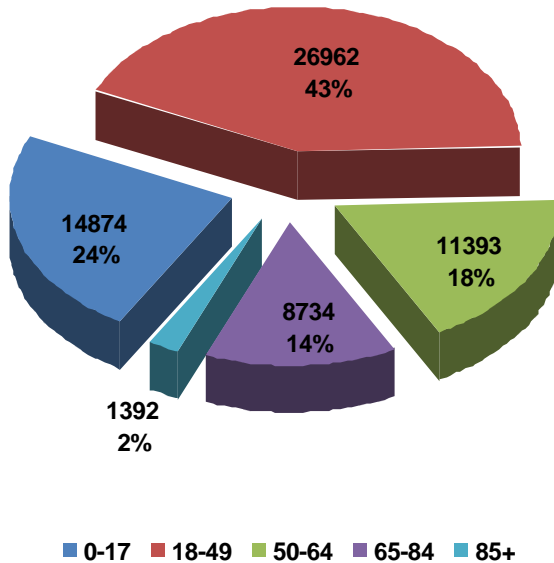


Rutherford County's Roadmap¹ AAA Region C

In 2006 adults ≥ 65 made up 15% of the county's population²

Age Distribution



- By 2030 the population 65 and older will increase 45% to 14,835. This group will make up 22% of the county's population.
- Compared to the state, older adults are slightly less educated, 64% live in rural areas, 92% are white, and there are similar levels of disability.
- The median income is lower than the state, and there are greater numbers of older adults at the poverty level.
- There are slightly more falls and cancers resulting in hospitalizations compared to the state.

Healthy Aging³

		COUNTY	STATE
Top Five Hospital Discharge Diagnoses	Total Discharges	% of Discharges	% of Discharges
1. Heart failure, heart attack, vascular disease, high blood pressure	911	28	28
2. Pneumonia, influenza, chronic obstructive pulmonary disease	455	14	13
3. Malnutrition, ulcers, bowel (general disease of digestive system)	347	11	10
4. Falls, adverse drug reactions, other injuries	275	9	8
5. Cancers of the colon, lung, breast or prostate	211	8	7
Top Five Outpatient Diagnoses	Total Visits	% of Visits	% of Visits
1. Heart failure, heart attack, vascular disease, high blood pressure	11,315	18	20
2. Symptoms, signs, ill-defined conditions	6,935	11	10
3. Arthritis, osteoporosis, fracture	6,794	11	12
4. Diabetes and other metabolic disorders	5,653	9	11
5. Pneumonia, influenza, chronic obstructive pulmonary disease	4,924	8	7