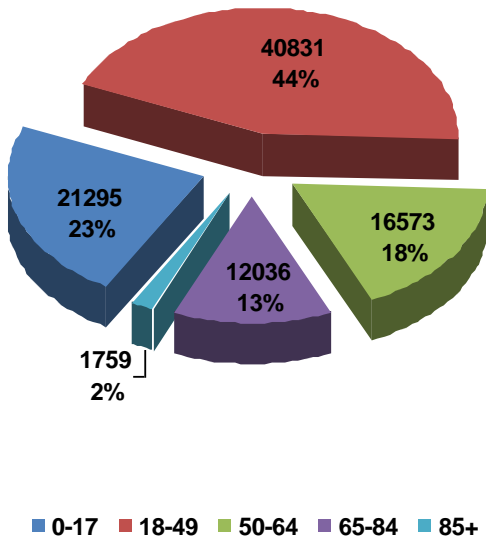


# Rockingham County's Roadmap<sup>1</sup> AAA Region G

In 2006 adults  $\geq 65$  made up 15% of the county's population<sup>2</sup>

## Age Distribution



- By 2030 the population 65 and older will increase 50% to 20,723 people. This group will make up 22% of the county's population.
- Compared to the state, older adults are less educated, 59% live in rural areas, there is a similar racial distribution and 27% have two or more disabilities.
- The median income is slightly lower than the state, with 18% of adults over 75 below the poverty level.
- There were 6 Code Orange days in 2006.
- Arthritis is a common chronic condition, accounting for 12% of all physician visits.

## Healthy Aging<sup>3</sup>

	COUNTY	STATE
<b>Top Five Hospital Discharge Diagnoses</b>	Total Discharges	% of Discharges
1. Heart failure, heart attack, vascular disease, high blood pressure	1,127	26
2. Pneumonia, influenza, chronic obstructive pulmonary disease	711	17
3. Malnutrition, ulcers, bowel (general disease of digestive system)	412	10
4. Falls, adverse drug reactions, other injuries	345	8
5. Kidney and urinary tract infections, nephritis, kidney stones	296	7
<b>Top Five Outpatient Diagnoses</b>	Total Visits	% of Visits
1. Heart failure, heart attack, vascular disease, high blood pressure	14,498	22
2. Arthritis, osteoporosis, fracture	7,729	12
3. Symptoms, signs, ill-defined conditions	7,029	11
4. Diabetes and other metabolic disorders	5,929	9
5. Pneumonia, influenza, chronic obstructive pulmonary disease	5,359	8