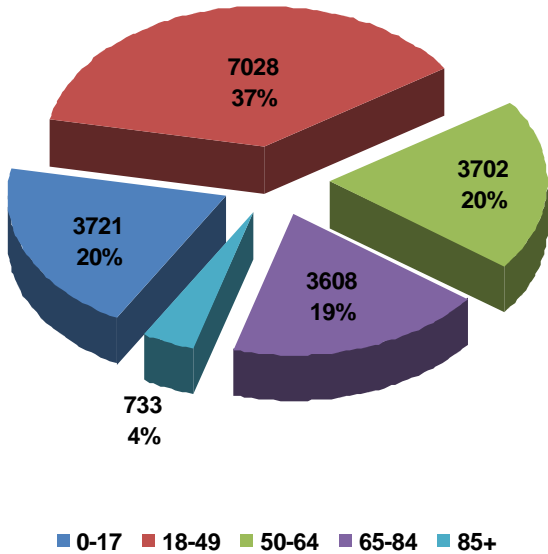


# Polk County's Roadmap<sup>1</sup> AAA Region C

In 2006 adults  $\geq 65$  made up 23% of the county's population<sup>2</sup>

## Age Distribution



- By 2030 the population 65 and older will increase 41% to 6,086 people. This group will make up 25% of the county's population. This county already has one of the highest older adult populations.
- Compared to the state, older adults are better educated (10% over 65 have graduate level education), 91% live in rural areas, 95% are White, and there is less disability.
- The median income is greater than the state for older adults, and fewer are below the poverty level.
- Falls account for 11% of all hospital visits.

## Healthy Aging<sup>3</sup>

		COUNTY	STATE
<b>Top Five Hospital Discharge Diagnoses</b>	Total Discharges	% of Discharges	% of Discharges
1. Heart failure, heart attack, vascular disease, high blood pressure	290	25	28
2. Supplementary Classification	140	12	3
3. Malnutrition, ulcers, bowel (general disease of digestive system)	130	11	10
4. Pneumonia, influenza, chronic obstructive pulmonary disease	126	11	13
5. Falls, adverse drug reactions, other injuries	124	11	8
<b>Top Five Outpatient Diagnoses</b>	Total Visits	% of Visits	% of Visits
1. Heart failure, heart attack, vascular disease, high blood pressure	5,138	18	20
2. Arthritis, osteoporosis, fracture	3,816	13	12
3. Symptoms, signs, ill-defined conditions	3,502	12	11
4. Diseases of central and peripheral nervous system, eyes and ears	2,600	9	7
5. Diabetes and other metabolic disorders	2,082	7	10