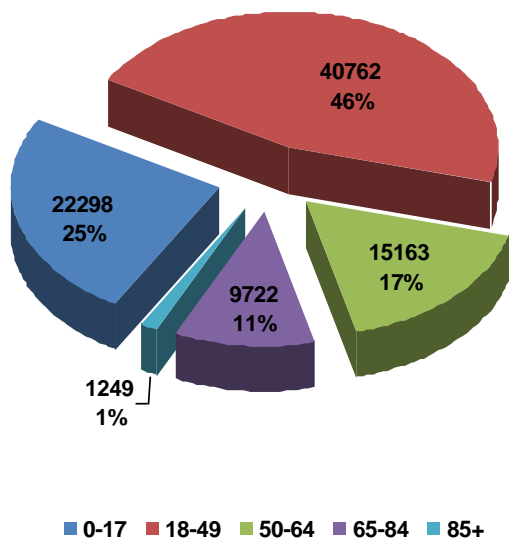


Nash County's Roadmap¹ AAA Region L

In 2006 adults ≥ 65 made up 12% of the county's population²

Age Distribution



- By 2030 the population age 65 and older will increase 92% to 21,691 people. This group will make up 19% of the county's population.
- Compared to the state, older adults have similar education, 30% are baby boomers, 49% live in rural areas, 24% are African American, and 29% have two or more disabilities.
- The median income is lower, and more older adults are below the poverty level.
- Falls account for 7% of hospitalizations; arthritis and diabetes account for 20% of physician visits.

Healthy Aging³

	COUNTY	STATE
Top Five Hospital Discharge Diagnoses	Total Discharges	% of Discharges
1. Heart failure, heart attack, vascular disease, high blood pressure	1,480	30
2. Pneumonia, influenza, chronic obstructive pulmonary disease	593	12
3. Malnutrition, ulcers, bowel (general disease of digestive system)	415	8
4. Symptoms, signs, ill-defined conditions	404	8
5. Falls, adverse drug reactions, other injuries	342	7
Top Five Outpatient Diagnoses	Total Visits	% of Visits
1. Heart failure, heart attack, vascular disease, high blood pressure	16,286	20
2. Arthritis, osteoporosis, fracture	8,806	11
3. Symptoms, signs, ill-defined conditions	8,584	11
4. Diabetes and other metabolic disorders	8,374	9
5. Diseases of central and peripheral nervous system, eyes and ears	5,791	7