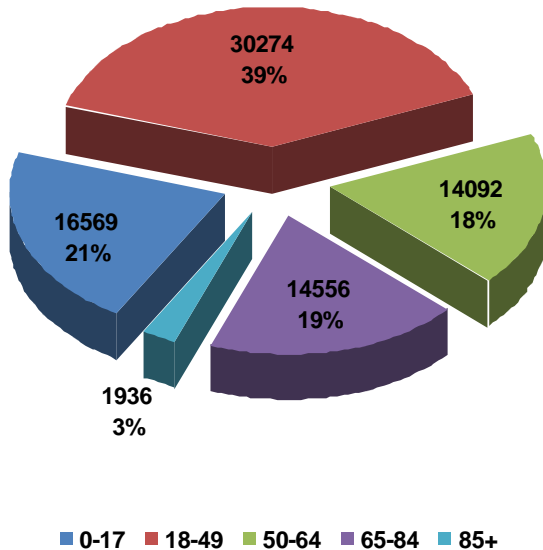


# Moore County's Roadmap<sup>1</sup> AAA Region J

In 2006 adults ≥ 65 made up 22% of the county's population<sup>2</sup>

## Age Distribution



- By 2030 the population age 65 and older will increase 72% to 30,560 people. This group will make up 27% of the county's population.
- In 2006, this county had one of the largest older adult populations.
- Compared to the state, older adults are better educated, there are fewer baby boomers, and 59% live in rural areas.
- The median income is higher for all age groups, and fewer older adults are at or below the poverty level.
- Arthritis is a common impairment, accounting for 14% of physician visits.

## Healthy Aging<sup>3</sup>

|   | COUNTY       |             | STATE       |
|---|--------------|-------------|-------------|
|   | Total        | % of        | % of        |
| Top Five Hospital Discharge Diagnoses                                 | Discharges   | Discharges  | Discharges  |
| 1. Heart failure, heart attack, vascular disease, high blood pressure | 1,401        | 28          | 28          |
| 2. Pneumonia, influenza, chronic obstructive pulmonary disease        | 593          | 11          | 13          |
| 3. Malnutrition, ulcers, bowel (general disease of digestive system)  | 415          | 10          | 10          |
| 4. Arthritis, osteoporosis, fracture                                  | 404          | 9           | 7           |
| 5. Symptoms, signs, ill-defined conditions                            | 342          | 9           | 6           |
| Top Five Outpatient Diagnoses   | Total Visits | % of Visits | % of Visits |
| 1. Heart failure, heart attack, vascular disease, high blood pressure | 28,512       | 23          | 20          |
| 2. Arthritis, osteoporosis, fracture                                  | 17,666       | 14          | 12          |
| 3. Symptoms, signs, ill-defined conditions                            | 13,721       | 11          | 11          |
| 4. Diabetes and other metabolic disorders                             | 10,658       | 8           | 10          |
| 5. Diseases of central and peripheral nervous system, eyes and ears   | 9,963        | 8           | 7           |