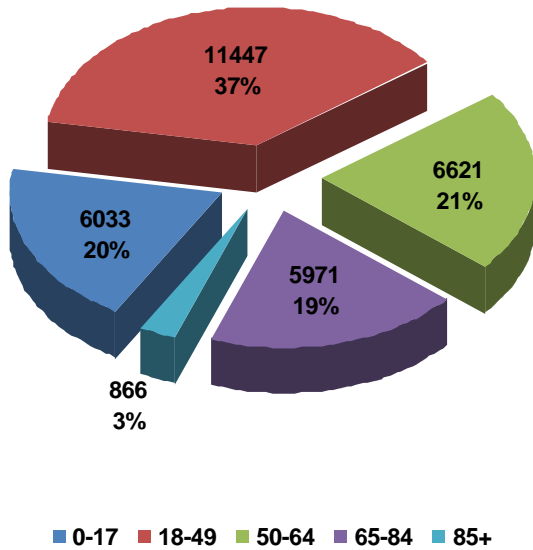


Macon County's Roadmap¹ AAA Region A

In 2006 adults ≥ 65 made up 22% of the county's population²

Age Distribution



- By 2030 the population age 65 and older will increase 72% to 12,718 people. This group will make up 27% of the county's population. This county already has one of the largest older adult populations in the state.
- Compared to the state, older adults are better educated, 82% live in rural areas, 99% are white, and 21% have two or more disabilities.
- The median income is similar and more of those aged 75+ are at or below the poverty level.

Healthy Aging³

	COUNTY	STATE	
Top Five Hospital Discharge Diagnoses	Total Discharges	% of Discharges	% of Discharges
1. Heart failure, heart attack, vascular disease, high blood pressure	493	30	28
2. Pneumonia, influenza, chronic obstructive pulmonary disease	195	12	13
3. Malnutrition, ulcers, bowel (general disease of digestive system)	179	11	10
4. Arthritis, osteoporosis, fracture	167	10	7
5. Falls, adverse drug reactions, other injuries	146	9	8
Top Five Outpatient Diagnoses	Total Visits	% of Visits	% of Visits
1. Heart failure, heart attack, vascular disease, high blood pressure	9,850	21	20
2. Arthritis, osteoporosis, fracture	6,021	13	12
3. Symptoms, signs, ill-defined conditions	4,6291	10	11
4. Diabetes and other metabolic disorders	4,313	9	10
5. Pneumonia, influenza, chronic obstructive pulmonary disease	3,312	7	7