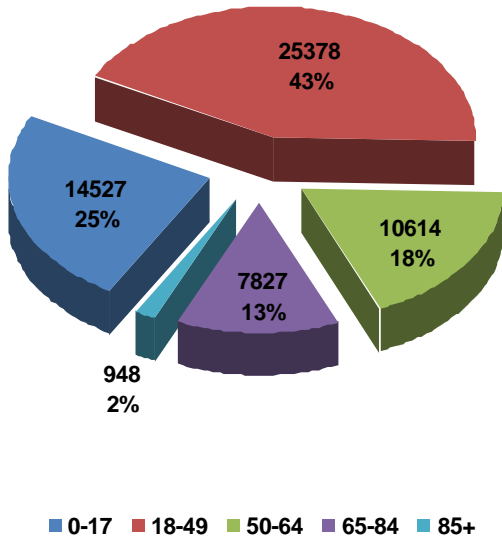


Lenoir County's Roadmap¹ AAA Region P

In 2006 adults ≥ 65 made up 15% of the county's population²

Age Distribution



- By 2030 the population age 65 and older will increase 42% to 12,418 people. This group will make up 22% of the county's population.
- Compared to the state, older adults are less educated, 45% live in rural areas, 33% are African American, and 29% have two or more disabilities.
- The median income is slightly lower than the state average, and more older adults are below the poverty level.
- There are more hospitalizations and physician's visits due to heart disease compared to the state.

Healthy Aging³

	COUNTY	STATE
Top Five Hospital Discharge Diagnoses	Total Discharges	% of Discharges
1. Heart failure, heart attack, vascular disease, high blood pressure	1,436	32
2. Pneumonia, influenza, chronic obstructive pulmonary disease	555	13
3. Malnutrition, ulcers, bowel (general disease of digestive system)	504	11
4. Symptoms, signs, ill-defined conditions	364	8
5. Falls, adverse drug reactions, other injuries	235	5
Top Five Outpatient Diagnoses	Total Visits	% of Visits
1. Heart failure, heart attack, vascular disease, high blood pressure	16,635	22
2. Arthritis, osteoporosis, fracture	8,085	11
3. Symptoms, signs, ill-defined conditions	7,814	10
4. Diabetes and other metabolic disorders	5,841	8
5. Pneumonia, influenza, chronic obstructive pulmonary disease	5,264	7