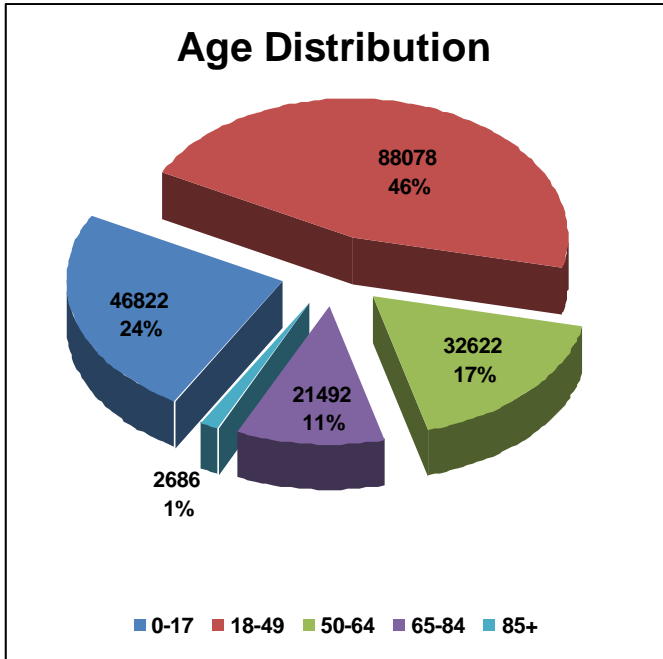


# Gaston County's Roadmap<sup>1</sup> AAA Region F

In 2006 adults ≥ 65 made up 13% of the county's population<sup>2</sup>



- By 2030 the population age 65 and older will increase 88% to 47,103 people. This group will make up 21% of the county's population.
- Compared to the state, older adults are less educated; fewer live in rural areas (22%); and have similar racial demographics and levels of disability.
- The median income is slightly lower, and 25% of those age 65-74 and 32% of those aged 75+ are at the poverty level.
- 17 Code Orange days in 2006.
- Region F will be delivering three EBHP in 2008.

## Healthy Aging<sup>3</sup>

	COUNTY	STATE
<b>Top Five Hospital Discharge Diagnoses</b>	Total Discharges	% of Discharges
1. Heart failure, heart attack, vascular disease, high blood pressure	2,230	27
2. Pneumonia, influenza, chronic obstructive pulmonary disease	1,265	15
3. Malnutrition, ulcers, bowel (general disease of digestive system)	837	10
4. Falls, adverse drug reactions, other injuries	682	8
5. Symptoms, signs, ill-defined conditions	514	6
<b>Top Five Outpatient Diagnoses</b>	Total Visits	% of Visits
1. Heart failure, heart attack, vascular disease, high blood pressure	34,170	20
2. Arthritis, osteoporosis, fracture	19,290	11
3. Symptoms, signs, ill-defined conditions	18,983	11
4. Diabetes and other metabolic disorders	17,541	9
5. Diseases of central and peripheral nervous system, eyes and ears	11,658	8