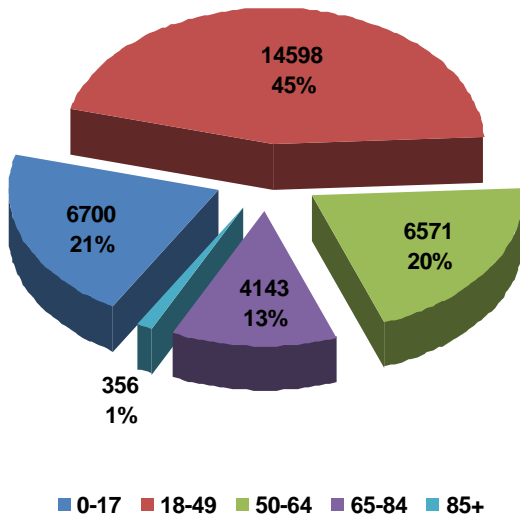


Dare County's Roadmap¹ AAA Region R

In 2006 adults ≥ 65 made up 15% of the county's population²

Age Distribution



- By 2030 the population age 65 and older will increase 116% to 10,958 people. This group will make up 22% of the county's population.
- Compared to the state, older adults are better educated (21% have graduate degrees), have fewer disabilities, 31% are in rural areas, and 97% are white.
- 31% are baby boomers.
- The median income is almost one-third higher than the state average, and fewer individuals live at the poverty level.
- In 2000, there were no older adults over 65 living in nursing homes.

Healthy Aging³

		COUNTY	STATE
Top Five Hospital Discharge Diagnoses	Total Discharges	% of Discharges	% of Discharges
1. Heart failure, heart attack, vascular disease, high blood pressure	355	30	28
2. Pneumonia, influenza, chronic obstructive pulmonary disease	189	16	13
3. Malnutrition, ulcers, bowel (general disease of digestive system)	130	11	10
4. Falls, adverse drug reactions, other injuries	97	8	8
5. Arthritis, osteoporosis, fracture	90	8	7
Top Five Outpatient Diagnoses	Total Visits	% of Visits	% of Visits
1. Heart failure, heart attack, vascular disease, high blood pressure	5,273	20	20
2. Arthritis, osteoporosis, fracture	3,457	12	12
3. Symptoms, signs, ill-defined conditions	3,267	11	11
4. Pneumonia, influenza, chronic obstructive pulmonary disease	2,420	11	7
5. Diabetes and other metabolic disorders	2,344	8	10