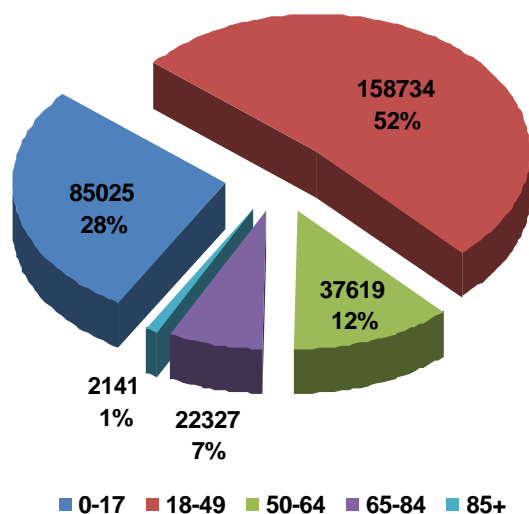


Cumberland County's Roadmap¹ AAA Region M

In 2006 adults ≥ 65 made up 8% of the county's population²

Age Distribution



- By 2030 the population age 65 and older will increase 94% to 50,438 people. This group will make up 15% of the county's population.
- Cumberland has one of the smaller older adult populations in the state.
- Compared to the state, older adults have similar education levels, more live in urban areas (87%), 28% are African American and 29% have two or more disabilities.
- Fewer individuals are at or below the poverty level.

Healthy Aging³

	COUNTY	STATE
Top Five Hospital Discharge Diagnoses	Total Discharges	% of Discharges
1. Heart failure, heart attack, vascular disease, high blood pressure	2,112	27
2. Pneumonia, influenza, chronic obstructive pulmonary disease	956	12
3. Malnutrition, ulcers, bowel (general disease of digestive system)	741	9
4. Supplementary Classification	570	7
5. Falls, adverse drug reactions, other injuries	551	7
Top Five Outpatient Diagnoses	Total Visits	% of Visits
1. Heart failure, heart attack, vascular disease, high blood pressure	34,921	22
2. Arthritis, osteoporosis, fracture	19,513	12
3. Symptoms, signs, ill-defined conditions	18,577	12
4. Diabetes and other metabolic disorders	15,923	10
5. Stroke, neuropathy, dementia	11,301	7