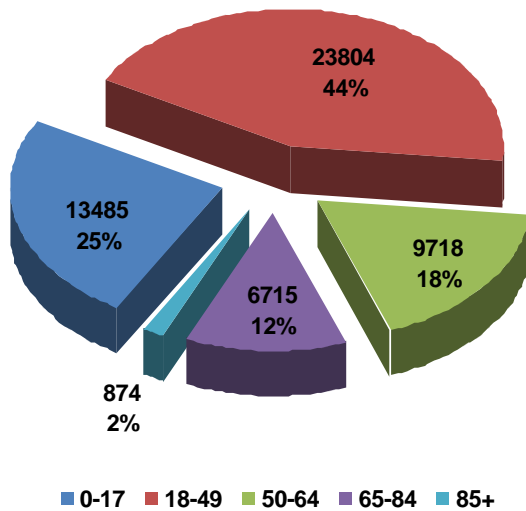


# Columbus County's Roadmap<sup>1</sup> AAA Region O

In 2006 adults ≥ 65 made up 14% of the county's population<sup>2</sup>

## Age Distribution



- By 2030 the population age 65 and older will increase 45% to 11,159 people. This age group will make up 19% of the county's population.
- Compared to the state older adults are less educated, 88% live in rural areas, 26% are African American, and 35% have two or more disabilities.
- The median income is significantly lower, and twice as many individuals are at or below the poverty level.
- Arthritis and diabetes are common, accounting for 21% of all physician visits.

## Healthy Aging<sup>3</sup>

	COUNTY	STATE
<b>Top Five Hospital Discharge Diagnoses</b>	Total Discharges	% of Discharges
1. Heart failure, heart attack, vascular disease, high blood pressure	1,023	29
2. Pneumonia, influenza, chronic obstructive pulmonary disease	507	15
3. Malnutrition, ulcers, bowel (general disease of digestive system)	376	11
4. Falls, adverse drug reactions, other injuries	270	8
5. Kidney and urinary tract infections, nephritis, kidney stones	240	7
<b>Top Five Outpatient Diagnoses</b>	Total Visits	% of Visits
1. Heart failure, heart attack, vascular disease, high blood pressure	13,486	21
2. Arthritis, osteoporosis, fracture	7,849	12
3. Symptoms, signs, ill-defined conditions	6,334	10
4. Diabetes and other metabolic disorders	5,740	9
5. Multiple Conditions	4,526	7