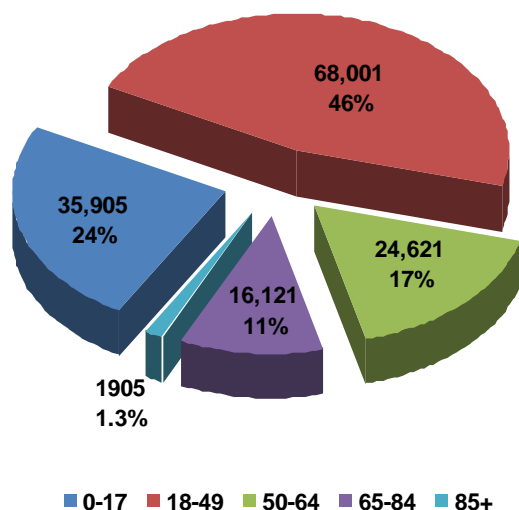


# Catawba County's Roadmap<sup>1</sup> AAA Region E

In 2006 adults ≥ 65 made up 12% of the county's population<sup>2</sup>

## Age Distribution



- By 2030 the population age 65 and older will increase 81% to 33,742 people. This group will make up 17% of the county's population.
- Compared to the state, older adults have similar demographics including education levels, numbers living in rural areas, and amount of disability, 92% of the county is white.
- The median income is slightly higher for those age 65-74 and slightly lower for those age 75+.
- Arthritis and diabetes account for 22% of physician visits.

## Healthy Aging<sup>3</sup>

		COUNTY	STATE
<b>Top Five Hospital Discharge Diagnoses</b>	Total Discharges	% of Discharges	% of Discharges
1. Heart failure, heart attack, vascular disease, high blood pressure	1,519	31	28
2. Pneumonia, influenza, chronic obstructive pulmonary disease	585	12	13
3. Malnutrition, ulcers, bowel (general disease of digestive system)	477	10	10
4. Falls, adverse drug reactions, other injuries	468	10	8
5. Arthritis, osteoporosis, fracture	411	8	7
<b>Top Five Outpatient Diagnoses</b>	Total Visits	% of Visits	% of Visits
1. Heart failure, heart attack, vascular disease, high blood pressure	24,836	18	20
2. Arthritis, osteoporosis, fracture	15,525	11	12
3. Diabetes and other metabolic disorders	15,398	11	10
4. Symptoms, signs, ill-defined conditions	15,153	11	11
5. Stroke, dementia, neuropathy	10,671	8	7