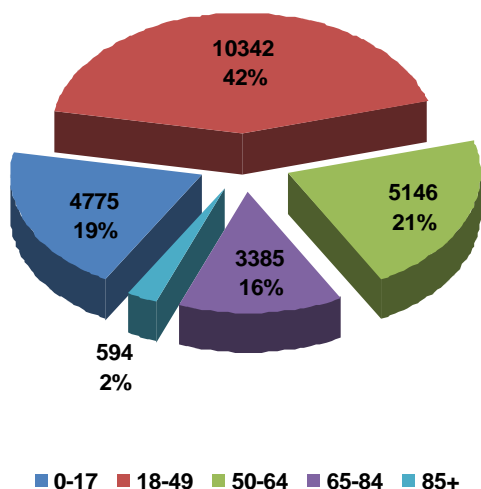


Ashe County's Roadmap¹ AAA Region D

In 2006 adults ≥ 65 made up 19% of the county's population²

Age Distribution



- By 2030 the population age 65 and older will increase 70% to 8,279 people. This group will make up 28% of the county's population.
- Compared to the state, older adults are less educated, primarily white (98%), 29% have 2 or more disabilities, 34% are at the poverty level, and 100% live in rural areas.
- Greater numbers of residents are hospitalized for respiratory diseases compared to the state.
- The Ashe Senior Center has been recognized as a center of excellence for the past three years.

Healthy Aging³

	COUNTY	STATE
Top Five Hospital Discharge Diagnoses	Total Discharges	% of Discharges
1. Heart failure, heart attack, vascular disease, high blood pressure	361	24
2. Pneumonia, influenza, chronic obstructive pulmonary disease	288	19
3. Malnutrition, ulcers, bowel (general disease of digestive system)	182	12
4. Falls, adverse drug reactions, other injuries	120	8
5. Arthritis, osteoporosis, fracture	96	6
Top Five Outpatient Diagnoses	Total Visits	% of Visits
1. Heart failure, heart attack, vascular disease, high blood pressure	5,441	20
2. Symptoms, signs, ill-defined conditions (chest/abdominal pain)	2,759	10
3. Diabetes and other metabolic disorders	2,683	10
4. Arthritis, osteoporosis, fracture	2,525	9
5. Pneumonia, influenza, chronic obstructive pulmonary disease	1,958	7