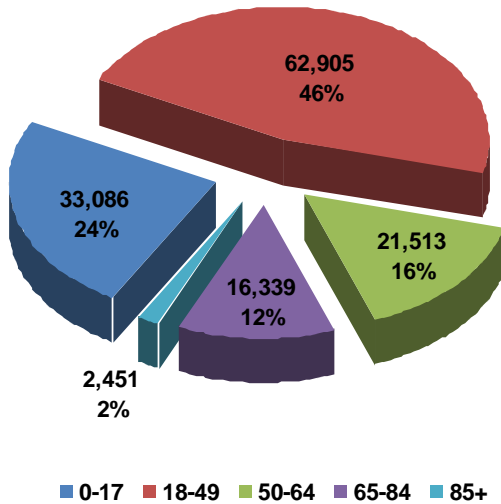


# Alamance County's Roadmap<sup>1</sup> AAA Region G

In 2006 adults ≥ 65 made up 13% of the county's population<sup>2</sup>

## Age Distribution



- By 2030 the population age 65 and older will increase 70% to 31,371 people. This age group will make up 17% of the county's population.
- Compared to the state, older adults have similar education levels, racial distribution, levels of disability, and similar numbers live in rural areas.
- Those over age 75 are the poorest, with 29% at the poverty level.
- Heart disease tops hospitalizations and outpatient visits.
- Arthritis and diabetes account for 21% of physician visits.

## Healthy Aging<sup>3</sup>

	COUNTY	STATE
<b>Top Five Hospital Discharge Diagnoses</b>	Total Discharges	% of Discharges
1. Heart failure, heart attack, vascular disease, high blood	1,352	28
2. Pneumonia, influenza, chronic obstructive pulmonary	611	13
3. Malnutrition, ulcers, bowel (general disease of digestive	537	11
4. Falls, adverse drug reactions, other injuries	433	9
5. Arthritis, osteoporosis, fracture	379	7
<b>Top Five Outpatient Diagnoses</b>	Total Visits	% of Visits
1. Heart failure, heart attack, vascular disease, high blood	18,851	20
2. Arthritis, osteoporosis, fracture	11,752	12
3. Symptoms, signs, ill-defined conditions	11,300	12
4. Diabetes and other metabolic disorders	8,749	9
5. Stroke, dementia, neuropathy	6,789	7